

## **Prayer Quilt Directions**

Place heart template on smooth side of fusible pellon.  
Using a pencil, draw around heart.  
Draw several hearts to save time and material.  
Place pellon, bumpy side down, on muslin. Pin in place.

Sew all the way around heart, on the pencil line.  
Cut out heart, using a ¼ inch allowance from outside of pencil line.  
Clip at the top of heart, into the dip and around curve, to help it lay flat.  
Take care to avoid cutting through threads.

Pinch pellon and pull away from muslin side. Cut a slit on pellon side.  
Turn inside out and smooth edges.

Cut rectangles from fabric – 5 ½ inches by 10 ½ inches  
Place prepared heart onto fabric block, pellon side down.  
With iron, press into place. A little steam or mist will help.

Choose coordinating or contrasting thread.  
Stitch around edges of heart, using a decorative machine stitch.  
Sew blocks together following diagram.